

16 Life Lessons™

..... BY

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AWARD · WINNING · MEDIA · PERSONALITY

- ✦ Wake up grateful.
- ✦ Baby steps are better than no steps at all.
- ✦ It's not what happens to you in life; it's how you handle it.
 - ✦ Obstacles are opportunities.
 - ✦ Trust your intuition.
- ✦ Courage is when you leap; faith is when you believe you'll land on your feet.
 - ✦ Adjust your compass, but don't quit.
 - ✦ There is great joy in striving toward your potential.
 - ✦ Don't just show up, stand out.
- ✦ Success is a conscious decision: see it, feel it and believe you can achieve it.
 - ✦ Lead with purpose and compassion.
 - ✦ Stay humble.
 - ✦ Good goes around, even if it takes a while.
 - ✦ Relationships are everything.
- ✦ Wisdom is recognizing a mistake before you make it again.
- ✦ At the end of the day, ask yourself: is this a day I can sign my name to?

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16 Life Lessons I've Learned From Interviewing Exceptional Women
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